

TABELA GRAMATUR, ALERGENÓW I WARTOŚCI ODŻYWCZYCH PASIBUS

TABELA WARTOŚCI ODŻYWCZYCH

PRODUKT	TABELA WARTOŚCI ODŻYWCZYCH																	ALERGENY								
	Stężenia waga porcji [g] +/- 10%		Energia [kcal]		Tłuszcze [g]		Kwasny tłuszczowe nasycone [g]			Węglowodany [g]			w tym cukry [g]			Białek [g]			Białko [g]		Sól [g]					
	RI = 2000 kcal		RI = 70 g		RI = 20 g			RI = 260 g			RI = 90 g			-		RI = 50 g			RI = 6 g							
	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]	w 100 g	w porcji	RI [%]					
BURGER ROZMIAR XL																										
[XL] Awokadus *	407	302	1240	62	19	80	114	5	21	107	19	80	31	2	7	8	1	5	12	50	100	1	5	77	1, 3, 5, 6, 7, 8, 10, 11, 12	
[XL] Bebek Junior *	379	277	1193	60	17	72	103	7	28	142	19	81	31	2	13	15	1	3	13	55	110	1	5	80	1, 3, 4, 6, 7, 9, 10, 11, 12	
[XL] Chorizard *	406	297	1353	68	18	84	119	5	25	125	19	87	33	4	16	18	1	5	14	61	123	1	5	85	1, 3, 7, 8, 10, 11	
[XL] Gonzales *	401	291	1178	59	17	69	98	4	18	88	22	89	34	2	9	10	1	4	12	50	101	1	4	67	1, 3, 7, 8, 10, 11	
[XL] Redhot *	361	301	1108	55	19	70	101	5	20	99	20	72	28	1	4	5	1	3	12	46	92	1	3	53	1, 3, 7, 8, 10, 11	
[XL] Standard *	431	246	1084	54	15	65	93	5	23	113	17	74	29	2	7	7	1	4	11	50	99	1	4	60	1, 3, 7, 10, 11, 12	
[XL] Wiesio *	469	237	1237	62	15	78	111	4	23	114	14	75	29	1	7	7	1	4	11	59	118	1	5	75	1, 3, 7, 10, 11, 12	
[XL] Włoski Pastuch *	337	303	1189	59	19	74	105	6	22	108	19	75	29	2	7	8	1	3	17	56	112	1	5	75	1, 3, 6, 7, 8, 10, 11, 12	
BURGER ROZMIAR L																										
[L] Awokadus *	309	306	1140	57	21	77	109	6	21	106	18	67	26	4	14	15	1	3	11	43	85	1	5	78	1, 3, 5, 6, 7, 8, 10, 12	
[L] Bebek Junior *	287	281	1016	51	17	63	90	5	20	99	19	69	27	5	18	20	1	2	11	41	83	1	4	70	1, 3, 4, 6, 7, 10, 12	
[L] Chorizard *	326	304	1124	56	19	71	101	7	24	122	20	72	28	5	19	21	1	3	12	46	92	1	4	73	1, 3, 5, 6, 7, 8, 10	
[L] Gonzales *	303	286	1016	51	17	61	87	6	22	112	21	75	29	4	14	16	1	3	11	39	77	1	4	62	1, 3, 5, 6, 7, 8, 10	
[L] Redhot *	267	305	969	48	19	60	86	6	18	91	19	60	23	3	10	11	0	1	11	34	69	1	3	48	1, 3, 5, 7, 8, 10	
[L] Standard *	342	251	942	47	16	59	84	5	20	101	17	62	24	3	12	13	1	2	10	38	76	1	3	52	1, 3, 7, 10, 12	
[L] Wiesio *	380	234	1060	53	15	68	98	5	21	104	14	63	24	3	12	13	1	3	10	46	91	1	4	65	1, 3, 7, 10, 12	
[L] Włoski Pastuch *	253	304	1106	51	19	65	92	6	20	100	19	64	25	4	13	14	1	2	13	43	85	1	4	65	1, 3, 6, 7, 8, 10, 12	
KURCZAK ROZMIAR XL																										
[XL] Kura BBQ *	424	229	942	47	10	43	61	2	7	36	24	99	38	4	15	17	1	3	10	40	81	2	6	100	1, 3, 4, 6, 7, 9, 10, 11, 12	
[XL] Kura Morales *	441	240	1069	53	12	54	77	2	8	41	21	95	37	2	10	12	1	4	11	50	101	1	6	102	1, 3, 6, 7, 8, 9, 10, 11, 12	
KURCZAK ROZMIAR L																										
[L] Kura BBQ *	326	242	810	41	12	40	57	3	9	44	24	81	31	6	19	21	1	2	9	29	57	2	5	83	1, 3, 4, 6, 7, 9, 10, 12	
[L] Kura Morales *	352	242	867	43	13	46	66	2	8	41	22	77	30	4	15	17	1	3	9	33	66	1	5	82	1, 3, 6, 7, 8, 9, 10, 12	
OPCJA VEGAN																										
[XL] Vegan Standard	495	197	997	50	11	54	78	2	9	44	22	110	42	2	10	11	2	12	5	24	48	1	5	83	1, 6, 10, 11	
Extra vegan cheddar	20	280	56	3	24	5	7	21	4	21	16	3	1	0	0	0	0	0	0	0	0	2	0	7		
DODATKI																										
Coleslaw	150	188	282	14	18	27	38	1	2	11	5	8	3	2	3	3	2	3	1	2	4	0	1	10	3, 10, 12	
Extra boczek *	8	660	53	3	50	4	6	25	2	10	3	0	0	0	0	0	0	0	50	4	8	13	1	17	6, 12	
Extra cheddar	12	344	41	2	26	3	4	18	2	11	1	0	0	0	0	0	0	0	26	3	6	2	0	4	7	
Extra chilli	10	40	4	0	0	0	0	0	0	0	7	1	0	0	5	1	1	2	0	0	0	0	0	0		
Kotlet Pasirzuch L **	105	324	389	19	25	30	43	13	15	75	1	1	0	0	0	0	0	0	24	29	58	0	1	8		
Kotlet Pasirzuch XL **	140	278	389	19	22	30	43	10	15	73	0	1	0	0	0	0	0	0	21	29	58	0	0	5		
Kotlet Wege (duży) *	140	287	402	20	18	25	35	2	2	11	22	31	12	1	1	2	5	7	8	11	21	1	1	23	1	
Kotlet Wege (mały) *	110	287	316	16	18	19	28	2	2	9	22	24	9	1	1	1	5	6	8	8	17	2	2	37	1	
Kulki ostre 4szt. *	85	326	277	14	24	20	29	13	11	55	11	10	4	1	1	1	1	1	17	14	29	2	1	21	1, 3, 7, 11	
Kulki ostre 8szt. *	170	326	554	28	24	40	57	13	22	110	11	19	7	1	2	2	2	2	17	29	57	2	3	43	1, 3, 7, 11	
Kulki serowe 4szt. *	85	355	302	15	26	22	32	15	13	63	9	8	3	1	1	1	0	0	20	17	34	1	1	20	1, 3, 7, 11	
Kulki serowe 8szt. *	170	355	603	30	26	45	64	15	25	126	9	15	6	1	2	2	0	1	20	34	68	1	2	40	1, 3, 7, 11	
Male Pasi Frytki *	80	451	361	18	26	21	30	2	2	8	31	25	10	1	1	2	2	3	2	5	2	2	2	28		
Nachos	80	480	384	19	22	17	25	17	14	69	63	50	19	2	1	1	4	3	7	5	11	1	1	17		
Pasi Bataty *	140	462	647	32	24	34	49	2	3	13	32	44	17	10	14	16	4	5	2	2	4	3	4	65		
Pasi Frytki *	175	451	789	39	26	45	65	2	4	18	31	54	21	1	2	2	2	4	3	5	11	2	4	67		
Serusz *	120	343	412	21	11	13	19	2	2	10	51	61	23	3	4	4	1	1	10	12	25	0	0	8	1, 3, 7, 11	
Sos BBQ dip	35	120	42	2	0	0	0	0	0	28	10	4	25	9	10	0	0	0	1	0	1	2	1	9	1, 4, 6, 9, 12	
Sos biały dip	35	502	176	9	52	18	26	4	1	7	5	2	1	4	2	0	0	0	2	1	2	1	0	8	3, 7, 10, 12	
Sos majo-jalapeño dip	35	512	179	9	55	19	28	4	1	7	1	0	0	4	2	2	1	0	1	0	1	2	1	10	3, 10	
Sos mango-chilli dip	35	86	30	2	0	0	0	0	0	0	20	7	3	18	6	7	0	0	0	0	0	1	0	8		
Sos redhot pepperonico dip	35	82	29	1	5	2	2	1	0	1	7	3	1	4	1	2	1	0	2	1	1	1	0	8	3, 7, 8	
Sos różowy dip	35	484	169	8	48	17	24	4	1	6	12	4	2	11	4	4	0	0	1	0	0	2	1	11	3, 10	
Zielisko	75	99	74	4	15	11	16	2	2	8	4	3	1	1	0	1	2	2	5	4	8	0	0	4	10	
SOSY																										
Autorskie guacamole ***	70	162	114	6	14	10	14	2	1	6	5	3	1	0	0	0	0	3	2	2	1	3	1	1	11	
Ketchup Heinz	20	102	20	1	0	0	0	0	0	0	23	5	2	23	5	5	0	0	1	0	0	2	0	6	9	
Majonez	20	660	132	7	72	14	20	5	1	5	3	1	0	3	1	1	0	0	1	0	0	1	0	4	3, 10	
Pasta red curry ***	30	81	24	1	7	0	2	1	0	1	7	2	1	4	1	1	1	1	0	2	1	1	1	0	7	3, 7, 8
Pasta z suszonych pomidorów i zurażony ***	50	211	105	5	8	4	6	1	0	2	19	14	6	24	12	13	5	3	3	2	3	4	2	29	7, 8, 12	
Sos BBQ ***	25	120	30	2	0	0	0	0	0	0	28	7	3	25	6	7	0	0	1	0	1	2	0	7	1, 4, 6, 9, 12	
Sos biały ***	60	502	301	15	5																					